



# UW Autism Center Spokane Workshops



The **University of Washington Autism Center** and **NorthEast Washington ESD 101** are excited to partner together again to present a summer workshop series for educators and parents of school-aged individuals with autism spectrum disorder (ASD). Attend one, two, three, or all four trainings.

**Tuesday, July 16, 2019**

**ABA: The Basics**

**Wednesday, July 17, 2019**

**Addressing Challenging Behaviors: Introduction**

**Thursday, July 18, 2019**

**Addressing Challenging Behaviors: Beyond the Basics**

**Friday, July 19, 2019**

**Teaching Executive Functioning and Emotion Regulation Skills**



## **WHEN**

July 16-19, 2019  
9:00 AM – 4:00 PM

## **WHERE**

Talbott Center Conference Room  
4202 S Regal Street  
Spokane, WA 99223

## **COST**

**(each workshop)**

\$135 – register before June 1  
\$155 – register on or after June 1

To register, visit <https://www.regonline.com/newesd2019>

*Clock hours available. Advanced registration is required.*



Email us at  
uwautism@uw.edu



Visit us at  
www.uwautism.org



Call us at  
1-877-408-UWAC

**Tuesday, July 16, 2019**

### **ABA: The Basics**

**Workshop Description:** This introductory training is specifically designed for parents and professionals interacting with children with autism spectrum disorder (ASD). The training will begin with an overview of ASD including core symptoms, strengths, and challenges. How ASD symptoms impact learning and behavior will also be discussed. Next, an introduction to Applied Behavior Analysis (ABA) will be presented including what it is, an overview of different ABA approaches, and basic behavioral principles used in this therapeutic approach. Finally, additional behavioral support strategies such as reinforcement, punishment, and teaching loops will be discussed.

**Who should attend:** Educators and parents interacting with preschool and school age students

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**Wednesday, July 17, 2019**

### **Addressing Challenging Behaviors: Introduction**

**Workshop Description:** Non-compliance, aggression, and eloping can get in the way of everyday activities from going out into the community to learning in school. Understanding how factors in our environment can increase or decrease challenging behaviors is important and will have an impact on how behaviors are addressed. Strategies presented are based on the scientific principles of ABA and will aim to create a responsive learning environment to prevent challenging behaviors from occurring. Please join us for this introductory workshop on addressing challenging behaviors.

**Who should attend:** Educators and parents interacting with students with challenging behaviors of all grade levels

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**Thursday, July 18, 2019**

### **Addressing Challenging Behaviors: Beyond the Basics**

**Workshop Description:** Do students you work with have challenging behaviors that are difficult to manage? Do you find yourself out of ideas for how to address challenging behaviors? This workshop is designed to help educators understand and prevent challenging behaviors and builds on a basic understanding of behaviors and principles of applied behavior analysis (ABA). Join us for both of our workshops on challenging behaviors if you want an in-depth experience!

**Who should attend:** Educators and parents who have attended Addressing Challenging Behaviors: An Introduction or who have received training in addressing challenging behaviors and functional behavior assessment

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**Friday, July 19, 2019**

### **Teaching Executive Functioning and Emotion Regulation Skills**

**Workshop Description:** Individuals with ASD often experience amplified emotional responses and poor emotional control. In this workshop participants will learn what emotion regulation (ER) and executive functioning are, why they are important, how deficits in executive functioning and ER impact students' abilities to succeed, and strategies to teach and support individuals with ASD to better regulate their emotions and improve executive functioning skills.

**Who should attend:** Educators and parents of students of all grade levels with deficits in executive functioning and emotion regulation

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To register: <https://www.regonline.com/newesd2019>